



CLASS VI

ENGLISH

HOLIDAY HOMEWORK


THEME: EXPLORING CREATIVITY THROUGH WRITING



1. NOTICE WRITING: THE "LOST & FOUND" CHALLENGE

Task: Imagine you found a very unusual item (e.g., a vintage compass, a mysterious key, or a designer watch) in the school playground during the last week of school.

- **Instruction:** Draft a notice for the School Notice Board.
- **Key Requirements:**
 - The notice must be placed in a box.
 - Include the Name of the School, the word NOTICE, a Heading, Date, and Body.
 - Keep the description of the item brief (don't give away all the details, or anyone could claim it!).
 - Mention whom to contact and where.

 **Pro-tip:** Remember the 5 W's: Who, What, Where, When, and Whom to contact!

G-ROOTS GLOBAL SCHOOL, SRI KARANPUR

NOTICE LOST & FOUND

Date: 20 May 2025

An unusual item was found in the school playground during the last week of school.

It looks like a vintage compass with a brass casing.

The owner can identify it by giving some specific details about it.

If you think this item belongs to you, please contact the School Office (Room No. 3) by 27 May 2025 during school hours.

Thank you.



Contact: School Office (Room No. 3)
G-ROOTS GLOBAL SCHOOL

2. LETTER WRITING: A NOTE TO THE FUTURE

Task: Write an Informal Letter (100–120 words) to your "Future Self" to be opened on the first day of Class 7.

- **Topics to include:**
 - What are your goals for this summer?
 - One new skill you want to learn (e.g., swimming, coding, or baking).
 - A message of encouragement for yourself for next year.
- **Format:** Make sure to follow the correct layout:
 1. Sender's Address
 2. Date
 3. Salutation (Dear [Your Name],)
 4. Body Paragraphs
 5. Subscription (Yours lovingly, / Best,)

Tip: Be honest, be positive, and be YOU!

Dear Future Me,

By the time you read this, you will be in Class 7!

This summer, I want to improve my reading and writing skills.

I also plan to learn swimming so that I can be confident in water.

My goal is to be more organized and focused in my studies.

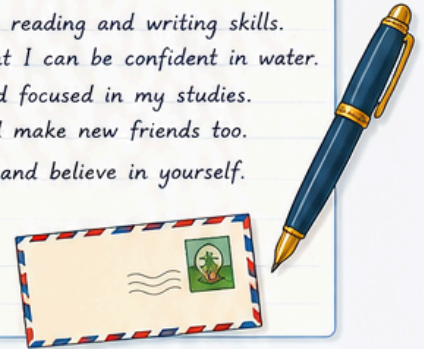
I want to help my parents more and make new friends too.

Remember to stay kind, work hard and believe in yourself.

I know you will do great things!

Yours lovingly,

(Your Name)




3. PARAGRAPH WRITING: DESCRIPTIVE SCENES

Task: Choose one of the following prompts and write a descriptive paragraph (120–150 words). Focus on using "Sensory Details" (what you see, hear, smell, and feel).

- **Option A: The Perfect Summer Morning.** Describe the atmosphere of a quiet morning before the neighbourhood wakes up.
- **Option B: A Visit to a Local Market.** Describe the hustle and bustle, the colours of the fruits/vegetables, and the sounds of the vendors.

Feature	What to include
Topic Sentence	Start with a strong hook that introduces the main idea.
Supporting Details	Use adjectives and adverbs to paint a "word picture."
Concluding Sentence	Wrap up your thoughts with a final feeling or observation.



 **Note:** everything must be done in your English grammar fair notebook

NOTE FOR PARENTS

- ✓ Encourage the child to write in their own words.
- ✓ Focus on neatness and the correct use of capital letters and full stops.
- ✓ The goal is to build confidence in expressing thoughts independently.





G-ROOTS GLOBAL SCHOOL

SHAPING MINDS



कक्षा 6th

हिंदी अवकाश गृहकार्य

1. निबंध लेखन

मोबाइल फोन: 'कितना लाभ, कितनी हानि'

संकेत बिंदु -

- 1 भूमिका
- 2 मोबाइल फोन से लाभ
- 3 मोबाइल फोन के दुष्परिणाम
- 4 उपसंहार



2. पत्र लेखन



क्रिकेट मैच खेलने की अनुमति प्राप्त करने हेतु अपने प्रधानाचार्य जी को प्रार्थना पत्र लिखिए।

3. कहानी लेखन

सच्ची मित्रता



नोट- उपर्युक्त कार्य अपनी हिंदी व्याकरण की उत्तर पुस्तिका में कीजिए।



CONTACT US
9166239729



WEBSITE
www.grootsglobalschool.org



ADDRESS
Chak 9 O SGNR Road,
Sri Karanpur



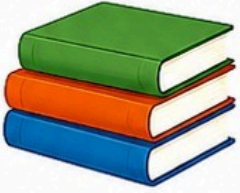
G-ROOTS GLOBAL SCHOOL

SHAPING MINDS



Class - VI

HOLIDAY HOMEWORK



ਵਿਸ਼ਾ - ਪੰਜਾਬੀ



ਲੇਖ ਲਿਖੋ -

੧ ਸਾਡਾ ਸਕੂਲ

੨ ਮੇਰਾ ਅਧਿਆਪਕ



CONTACT US
9166239729



WEBSITE
www.grootsglobalschool.org



ADDRESS
Chak 9 O SGNR Road,
Sri Karanpur



G-ROOTS GLOBAL SCHOOL

SHAPING MINDS

HOLIDAY HOMEWORK

— CLASS VI —

MATHEMATICS



SESSION 2026-27

MATHEMATICS ASSIGNMENTS



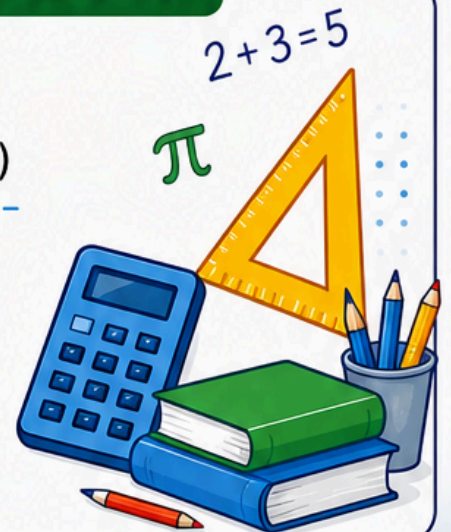
- **Solve Workout Unit – 1**
(Page No. 15–16, Questions 2 to 10)



- **Solve Workout Unit – 2**
(Page No. 33–34)



- **Learn tables up to 25**



☆ *Keep Practicing, Keep Growing!* ☆





G-ROOTS GLOBAL SCHOOL

SHAPING MINDS



HOLIDAY HOMEWORK



• CLASS: VI • SUBJECT: SCIENCE •

Ch – 3 | Mindful Eating: The Path to a Healthy Body

Session
2026-27

Learn Today,
Lead Tomorrow

Eat Right,
Stay Bright,
Live Healthy!



A. GIVE REASONS FOR THE FOLLOWING.

- 1 Starch takes longer to digest in our body than maltose.**
Ans. Starch is a complex carbohydrate that needs to be broken down into simpler sugar, whereas maltose is a simpler sugar and is digested faster.
- 2 A lack of iron in our diet leads to low energy levels in the body.**
Ans. Iron is needed to form haemoglobin, which carries oxygen in the blood. Less oxygen supply reduces energy production, causing weakness and tiredness.
- 3 Pregnant women need more protein than other women.**
Ans. Protein is required for the growth and development of the foetus (baby) and for the mother's body tissues, so the requirement increases during pregnancy.
- 4 Roughage must form an important part of our diet.**
Ans. Roughage helps in proper digestion and keeps the digestive system healthy.
- 5 The use of excess water while cooking is not desirable.**
Ans. Excess water can dissolve and wash away water-soluble vitamins and minerals, reducing the nutritional value of food.
- 6 Millets are popularly known as 'nutri-cereals'.**
Ans. Millets are rich in nutrients like fibre, vitamins, and minerals, making them highly nutritious compared to other cereals.



Good Food Today, Good Health Tomorrow!

B. ANSWER THE FOLLOWING QUESTIONS IN BRIEF.

- 1 Which food items are the major sources of energy for the body? Give two examples.**
Ans. Carbohydrates and fats are the major sources of energy. Exp. – rice and butter.
- 2 What is a balanced diet? Why is it important for us?**
Ans. A balanced diet contains all nutrients in the right proportions. It is important for proper growth, energy, and maintaining good health.
- 3 Mention the importance of the following vitamins in our body:**
Ans. (a) Vitamin E – Keeps skin healthy.
(b) Vitamin K – Helps in blood clotting.
(c) Vitamin B – Helps in proper functioning of nerves.
(d) Vitamin C – Improves immunity.
- 4 How will you test the presence of protein in a food sample?**
Ans. Add a few drops of copper sulphate and sodium hydroxide solution in the given food sample. A violet colour indicates the presence of protein.
- 5 Write two precautions that one should take before cooking food.**
Ans. • Wash vegetables and fruits before cutting.
• Maintain cleanliness of hands and utensils.



Chak 9 O, SGNR Road,
Sri Karanpur



9166239729



www.grootsglobalschool.org



HOLIDAY HOMEWORK



• CLASS: VI • SUBJECT: SCIENCE •

Ch - 3 | Mindful Eating: The Path to a Healthy Body



Eat Right,
Stay Bright,
Live Healthy!



A. ANSWER THE FOLLOWING QUESTIONS IN DETAIL.

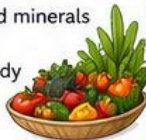
1 What are the results of protein deficiency in the body?

Ans. Protein deficiency can cause

- stunted growth,
- weak muscles,
- swelling in the body (kwashiorkor), and
- reduced immunity.

2 What are protective foods? Why are they called so?

Ans. Protective foods are foods rich in vitamins and minerals like fruits and vegetables. They are called so because they protect the body from diseases and keep us healthy.



3 What steps would you take to keep your bones and teeth healthy?

Ans. • Consume calcium-rich foods like milk,
• take sufficient vitamin D (sunlight),
• maintain proper hygiene, and
• avoid junk food.



4 Describe three diseases that can be caused due to the deficiency of minerals in our body.

Ans. • Anaemia –
✓ caused by iron deficiency.
✓ leads to weakness.

• Goitre –
✓ caused by iodine deficiency.
✓ leads to swelling of the neck.

• Rickets –
✓ caused by calcium deficiency.
✓ leads to weak bones.



5 Leela is a 12-year-old girl... What condition is she likely to have? What dietary changes should she be advised?

Ans. She is likely to have anaemia. She should eat iron-rich foods like green leafy vegetables, jaggery, fruits, and maintain a balanced diet.



6 Water is not a nutrient, yet it is extremely important for our survival. Explain giving reasons.

Ans. Water helps in digestion, transport of nutrients, removal of waste, and regulation of body temperature, making it essential for survival.



7 What are the health benefits of consuming millets over cereals?

Ans. Millets are rich in fibre, minerals, and vitamins. They help in digestion, control blood sugar, and provide better nutrition.



8 What are food miles? Why is it important to reduce food miles?

Ans. Food miles refer to the distance food travels from farm to plate. Reducing food miles helps in saving fuel, reducing pollution, and preserving freshness.



B. HIGHER ORDER THINKING SKILL (HOTS)

1 It is advised that new-born babies should be exposed to sunlight. Does this have any scientific reason?

Ans. Yes, sunlight helps the body produce vitamin D, which is essential for strong bones and proper growth.



2 It is said that milk is a wholesome food... Can you remain healthy by consuming only milk as your regular diet?

Ans. No, milk lacks certain nutrients like vitamin C. A balanced diet with different food items is necessary for complete nutrition.



Good Food Today, Good Health Tomorrow!





G-ROOTS GLOBAL SCHOOL

SHAPING MINDS

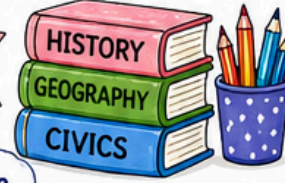


CLASS 6 SOCIAL SCIENCE

Learn Today,
Lead Tomorrow!

SUMMER HOLIDAY HOMEWORK

MAY - JUNE 2026



Explore the Past ♥ Understand the Present ♥ Shape the Future



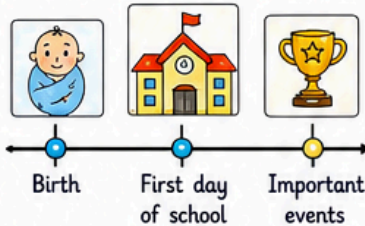
SECTION A - HISTORY (THE PAST)

1. Timeline Activity

Create a simple timeline of your life.

Include:

- ☆ Birth
- ☆ First day of school
- ☆ Important events



2. Early Humans

Write 8-10 lines on:

- ☆ How early humans lived
 - ☆ Tools they used
- Draw a related picture.



SECTION B - GEOGRAPHY (THE EARTH)

3. My Earth Study

Draw and label:

- ☆ Continents
- ☆ Oceans

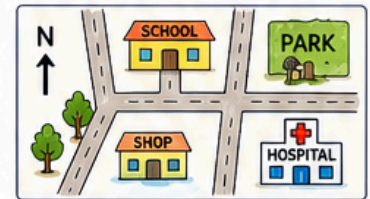


4. Directions & Map Skills

Draw a simple map of your locality.

Show:

- ☆ North direction
- ☆ Important places



SECTION C - CIVICS (SOCIETY)

5. My Community

List the people who help us in our community and write their roles.



6. Rules Around Us

Write:

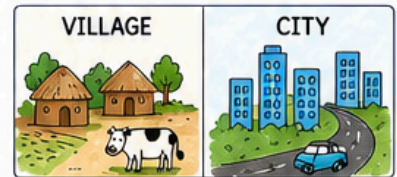
- ☆ 5 rules at home
 - ☆ 5 rules at school
- Why rules are important?



SECTION D - THINKING SKILLS

7. Compare & Write

Write the difference between village life and city life.



8. Case Study

Observe your surroundings and write:

- ☆ One social problem
- ☆ One solution



SUBMISSION GUIDELINES

- ✓ Maintain a neat and well-organized file.
- ✓ Use colours, diagrams, maps and labels.
- ✓ Write clearly and neatly.
- ✓ Submit after the holidays.

Let's explore,
learn and grow
together!



WHY THIS HOMEWORK IS SPECIAL

- ☆ Helps you understand the past and present.
- ☆ Builds awareness about our world and society.
- ☆ Develops map skills and critical thinking.
- ☆ Encourages creativity and real-life learning.
- ☆ Makes you a responsible global citizen.

